

Investigation of Gold Nanoparticles Effects in Radiation Therapy of Cancer: A Systematic Review

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ABSTRACT

Background & Objective: In recent years, the use of nanoparticles (NPs), especially gold nanoparticles (GNPs) in radiotherapy, has been repeatedly studied by in-vitro, in-vivo experiments, and Monte Carlo simulation. Some studies declare that specific absorption of GNPs (with a higher atomic number) by cancerous cells increases radiations' lethal effect compared to normal cells. This review article aimed to investigate the radiosensitizing effect of GNPs in cancer radiotherapy.

Materials & Methods: Research databases such as Web of Science, PubMed, and Scopus were examined from December 2019. All Gold Nanoparticles Radiation Therapy (GNRT) articles that studied the radiosensitization of gold nanoparticles in radiotherapy were involved in the assessment. Among 706 chosen articles, 52 documents were included in this investigation.

Results: The results of all these studies indicate that an increase in tumor mortality happens due to higher radiation absorption by nanoparticles entering the tumor; however, the relationship between the interaction of radiant energy and the size of gold nanoparticles is controversial.

Conclusion: This review article will discuss recent advances in the development of gold-based NPs to improve radiotherapy.

Keywords: Gold Nanoparticle, Radiotherapy, Radio sensitization, Cancer



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Introduction

Nanoparticles are particles with a dimension of 1 to 100 nm (1, 2). Medications that can better penetrate the cells have been proposed for diagnosis and targeted treatment of cancer by nanomedicine. The distribution of nanoparticles is affected by various parameters, including their size and ability to inactivate cancer cells (3, 4). In radiation therapy, ionizing radiation such as high-energy photons and particles are widely used to treat cancerous tumors in solid form. Unfortunately, ionizing radiation cannot distinguish cancer cells from healthy cells (5, 6); therefore, normal tissues are damaged by radiation therapy used to eradicate cancer cells. The main purpose of using nanoparticles in cancer treatment is to enhance the outcome of radiotherapy by increasing the lethality of radiation in tumors and reducing it for healthy cells due to the accumulation of nanoparticles in the tumor compared to healthy tissues (7, 8). Among the various nanoparticles, most preclinical studies have been performed on gold nanoparticles with distinctive specifications such as tiny size, desirable biological adaptability and little toxicity (9, 10). These

characteristics establish gold nanoparticles for use in various medical applications such as biosensors, drug delivery, chemotherapy, and radiation therapy (11, 12).

Hainfeld et al. (13) investigated the toxicity of GNP on breast cancer cells in mice in experimental training. The first group received GNP before irradiation of 250 kVp photon. The second group received sole radiation, and the last group received merely GNP. Results show that the one-year survival rate was 86%, 20%, and 0% in the first, second and third groups, respectively (13).

In another study by Chithrani et al., the accumulation of GNP in cancer cells and transplanted tumors of mice were studied, and the treatment ratio after 25MeV of 6MeV electron beam was investigated. Results showed that the amount of GNP accumulated in cells significantly affected mortality due to radiation (with a value of $P = 0.02$). This rate was less than 0.05 in mouse tumors ($P < 0.05$). However, Chang et al. Obtained a more significant effect using GNP with a mean dimensional of 13 nm compared to the former study (14, 15).

Recent progress in synthesizing and creating multifunctional nanoparticle platforms has prepared great opportunities and benefits for targeted gene delivery. Using bioinformatics methods in cancer therapy, such as evaluating the molecular interactions of plant-derived inhibitors in contrast to E6AP, p53, and c-Myc has improved the usage of nanoparticles in cancer treatment (3, 4).

Several studies have been published regarding using gold nanoparticles in radiation therapy. The controversial results concerning GNP radiosensitization could be emanated from the differences in GNP shape, scale, origin and type of cell lines, energy and type of radiation. Therefore, the purpose of this review article was to consider the gold nanoparticles' radiosensitization in cancer radiation therapy.

Materials and Methods

A current systematic review was done according to Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) (16). All GNRT studies that investigated the radiosensitization of gold nanoparticles in radiotherapy were included in the article. Moreover, review articles, editorials, and letters to the editor were excluded.

Eligibility Criteria

Original peer-reviewed articles published in the English language on the application of GNPs in cancer (as well as in-vitro, cell, cancer, radiation therapy, radiosensitization, and neoplasms) were evaluated. Articles that used NPs without any gold component were omitted. The last finding was assessed in the case of numerous studies derived from the same institution.

Data Origin and Examination

A wide literature search was performed up to December 2019 using Web of Science, PubMed and Scopus databases. The MeSH search terms used were “gold nano*” and “*radiosensitization*” or “*radiation therapy*” or “radiotherapy” and “cancer” and “neoplasms” and “*in vitro.”*

Article and Data Assortment Process

In the first step, the title and abstract of chosen articles were independently scanned by two authors (HK, SN). In the case of disagreement between authors in selecting the articles, the problem was resolved using the third author's judgment (ADI). The next step was considering the chosen articles based on the eligibility criteria. Finally, data such as: (1) the name of the first Authors, (2) date of

Publication, (3) Site of Study, (4) Type of Study, (5) used NP Size, (6) NP size in intervention group, (7) NP size in the control group and the (8) Effect of NP Size extracted from the chosen articles by two authors (HK, SN). There was a suitable agreement between the two authors, and minor disagreements were discussed between all authors until a full consensus was reached on the studies included in the study.

Data Items

Microsoft Excel software was used to extract and manage the data of the chosen studies. Other data extracted from the studies: Type of Study, Sample size (Sample size in intervention and control group), type of GNP, shape, average size, Effect size (Radiosensitivity, Dose Enhancement Factor, rate of mortality and percentage of remaining cells).

Results

OFT results

Initial examines by of the mentioned MeSH terms discovered 706 articles. At first, the titles of the articles were reviewed to reach higher quality and appropriate articles. Duplicate articles and articles whose titles were not related to the dimensions of research effectiveness were removed. After checking the eligibility criteria, 52 articles regarding the radiosensitization of gold nanoparticles in radiotherapy were included in the review (Figure 1).

GNPs used as cancer radiation sensitizers often included a combination of conjugated GNPs with silica, PEG, chitosan and iron core. Although different shapes of NPs have been used, rods and sphere shapes were more common. The identifiable characteristics of GNPs used in articles are presented in Tables 1, 2, and 3.

Table 1 represents the rate of increase in radiation sensitization using gold nanoparticles in recent research. The mean value of rising in radiosensitivity for these studies was $SER = 1.59 \pm 0.30$.

Table 2 shows the rate of increase in the absorption dose factor in the studies conducted using gold nanoparticles in recent years. The mean value of the increase in absorption dose factor for these studies was $DEF^1 = 1.45 \pm 0.39$.

Table 3 indicates the mortality rate and percentage of cells remaining due to radiation using gold nanoparticles in recent years. The mean mortality for these studies was 42.67 ± 24.78 . It should be noted that this table examines the various parameters related to the tumor, but the differences in the results in some studies are very large.

¹Dose Enhancement Factor

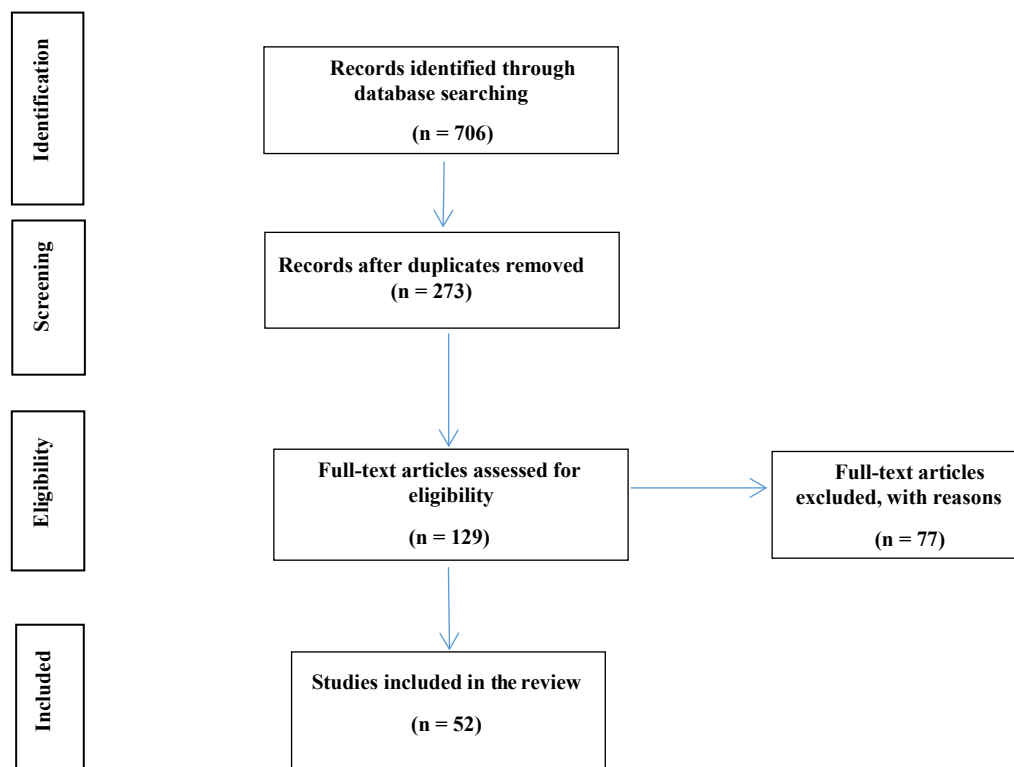


Figure 1. PRISMA Flowchart: Flowchart using syntax appropriate search and identification step to include in the Review

Table 1. The rate of increase in radiosensitivity in research using gold nanoparticles

ID	Author	Study	Shape	Average Size (nm)	Sample Size	Sample size in intervention group	Sample size in control group	Effect size
1	Zhu, C. D. (17)	E	Sp	20	3000 cell/well	3000 cell/well	3000 cell/well	SER=1.96
2	Zhu, C. (18)	E	Sp	20	3000 cell/well	3000 cell/well	3000 cell/well	SER=2
3	Zheng Q. (19)	E	Sp	100	4000 cell/well	4000 cell/well	4000 cell/well	SER=1.769
4	Zhao, N. (20)	E	Rod	20	5000 cell/well	5000 cell/well	5000 cell/well	SER=1.52
5	Zhang, Y. (21)	E	Sp	32	mice	mice	mice	SER=1.73
6	Zhang, X. (22)	E	Sp	4.8-46.6	1000000 cell/well	1000000 cell/well	1000000 cell/well	SER=2.07(For GNP: 46.6 nm)
7	Zhang, X. (23)	E	Sp	6.3	1000000 cell/well	1000000 cell/well	1000000 cell/well	SER=1.59
8	Zabihzadeh, M. (24)	E	Sp	24	1000000 cell/well	1000000 cell/well	1000000 cell/well	SER=1.25
9	Wang, C. (25)	E	Sp	16 & 49	4000 cell/well	4000 cell/well	4000 cell/well	SER=1.86 (For GNP: 49nm) SER=1.49 (FOR GNP:16nm)
10	Sung, W. (26)	S	Sp	2,15,20 & 5		--		SER=1.2(FOR GNP: 50nm)
11	Shi, M. (27)	E	Sp	4.8	cell	cell	cell	SER=1.48 (For Dose=1 Gy) SER=1.69 (For Dose=4 Gy)
12	Nicol, J. R. (28)	E	Sp	13	30000 cell/well	30000 cell/well	30000 cell/well	SER=1.25 (For NPs alone) SER=3.19 (For NPs+RT)
13	Mehrmia, S. S. (29)	E	Sp	10	Cell	Cell	Cell	SER=1.43 AND 1.40 (FOR TWO CELL LINES)
14	McMahon, S. J. (30)	S	Sp	2				SER = 1.29 and 1.16 (For E=6 MeV and 15 MeV)
15	Ma, N. N. (31)	E	Sp & Rod	20	cell	cell	cell	SER= 1.62, 1.37, and 1.21 (For different shapes of gold nanoparticles)
16	Ma, N. (32)	E	Sp & Rod	50	cell	cell	cell	SER=2.30
17	Ab Rashid, R. (33)	E	Sp	1.9	2000 cells (HeLa)	1000 cells per well	1000 cells per well	SER=1.78
18	Al Zaki, A. (34)	E	Sp	1.9	16 mice	8 mice	8 mice	SER=1.7
19	Enferadi, M. (35)	E	Sp	1.8	10000 ALTS1C1, AML12, and RAW cells	5000	5000	SER =1.66
20	Jain, S. (36)	E	Sp	1.9	150000 MDA-MB-231 breast cancer cells	75000	75000	SER=1.41

E: Experimental – S: Simulation - Sp: Spherical

Table 2. The dose enhancement factor in research using gold nanoparticles

ID	Author	Shape	Average Size (nm)	Study	Sample Size	Sample size in intervention group	Sample size in control group	Effect size
1	Taggart, L.E. (37)	Spherical	1.9 nm	Experimental	100000 cell/well	100000 cell/well	100000 cell/well	DEF=1.52
2	Khosravi,H. (38)	Spherical	15, 50, and 100 nm	Simulation		-		DEF=2.66 (For E=50 keV) DEF=1.10 (For E=6 MeV)
3	Rezaee, Z. (39)	Spherical	15 nm	Experimental	cell	cell	cell	DEF=1.17-2.89 (For various times)
4	Rahman, W. N. (40)	Spherical	1.9 nm	Experimental	50000cell	50000cell	50000cell	DEF=1.14-1.74 (For different energies)
5	Rahman, W. N. (41)	Spherical	1.9 nm	Experimental	10000 cell/well	10000 cell/well	10000 cell/well	DEF=4 (FOR E=6 MeV)
6	Mousavi, M. (42)	Spherical	24.7±3.6 nm	Experimental	Cell	Cell	Cell	DEF=1.22
7	Cui, L. (43)	Spherical	5.81 ± 1.53 nr	Experimental	2000000 MDA-MB-231 breast cancer cells	1000000	1000000	DEF=1.39
8	Amato, E. (44)	Spherical	50 µm	Simulation		-		DEF=1.6- 6.5
9	Cui, L. (45)	Spherical	2.7 nm	Experimental	2000000 MDA-MB-231 breast cancer cells	1000000	1000000	DEF = 1.39
10	Khosravi,H. (46)	Spherical	15 nm	Experimental/ Simulation	MAGIC-f polymer gel	gel+gnp	gel	DEF=1.12
11	Her, S. (47)	Spherical	15 nm	Experimental	2000000 Human breast carcinoma cells	1000000	1000000	DEF=1.55
12	Smith, C. L. (48)	Spherical	5 nm	Experimental	cell	cell	cell	DEF= 10%
13	Roeske, J. C. (49)	Spherical	1.9 nm	Simulation	Simulation	-		DEF=1.01
14	Chithrani, D. B. (50)	Spherical	14–74 nm	Experimental	2000000 HeLa cells	1000000	1000000	DEF=1.43
15	Geng, F. (51)	Spherical	14.37 ± 2.49 nr	Experimental	4000 SK-OV-3 cell	2000	2000	DEF=30.48
16	Brivio, D. (52)	Spherical	20 nm	Simulation		-		DEF=1.97
17	Gadoue, S. M. (53)	Spherical	100 nm	Simulation		-		DEF=%64
18	Ghorbani, M. (54)	Spherical	50 nm	Simulation		-		DEF=1.79
19	Koger, B. (55)	Spherical	10, 20, and 50 nm	Simulation		-		DEF=34% (FOR GNP:50 nr)

Table 3. Mortality rate and percentage of cells remaining due to radiation using gold nanoparticles

ID	Author	Shape	Average Size (nm)	Study	Sample Size	Sample size in intervention group	Sample size in control group	Effect size
1	Zhang, X. (56)	Spherical	15 nm	Experimental	3000 cell/well	300 cell/well	300 cell/well	Death=45.97%
2	Zhang, A. (57)	Spherical	58.14 ± 4 nm	Experimental	5000 cell/well	5000 cell/well	5000 cell/well	Death in Control=9.99% Death in Treated=10.85%
3	Hainfeld, J. F. (58)	Spherical	1.9 nm	Experimental	2000000 EMT-6 mouse	1000000	1000000	Some 86% long-term (>1 year) cures of EMT-6 mouse mammary
4	Zhang, Z. (59)	Spherical	10 nm	Experimental	5000 cell/well	5000 cell/well	5000 cell/well	Viability=4%
5	Vieira, L. (60)	Spherical	18±4 nm	Experimental	100000 cell/well	100000 cell/well	100000 cell/well	Cell Viability=62%
6	Tentor, F. R. (61)	Spherical	20 nm	Experimental	250000 cell/well	250000 cell/well	250000 cell/well	Viability in Control=94% Viability in Treated Group=67%
7	Roa, W. (62)	Spherical	15 nm	Experimental	cell	cell	cell	Cell Survival = 36%
8	Movahedi, M. M. (63)	Spherical	58 nm	Experimental	10000cell/well	10000cell/well	10000cell/well	Cell Viability in Control Group =86% Cell Viability in Treated RT+NP=69%
9	Zavidij, O. (64)	Not mentioned	Not mentioned	Experimental	mice	mice	mice	SF= 30% In Treated SF = 0% In Control
10	Miladi, I. (65)	Spherical	Not mentioned	Experimental	mice	mice	mice	Survival in Control Group =28 day Survival by RT + NPs=117 day (Improvement: 50%)
11	Atkinson, R. L. (66)	nanoshell	-	Experimental	10 million cells/ml	5 million cells/ml	5 million cells/ml	Survival Fraction=1/3
12	Chattopadhyay, N. (67)	Spherical	30 nm	Experimental	100000 MDA-MB-361 human breast cancer cells	500000	500000	Death=46%
13	Liu, C. J. (68)	Spherical	6.1 ± 1.9	Experimental	(B16) cell lines	5000	5000	Death=45%

Discussion

This study investigated the sensitizing effect of gold nanoparticles in cancer radiotherapy around three main axes: the rate of radiation sensitivity, the rate of absorption dose factor, the rate of mortality, and the percentage of remaining cells.

Using gold nanoparticles as a radiation sensitizer in irradiation of cancer cells led to an increase in therapeutic efficiency up to 59% at low photon energies by using orthovoltage sources. The results of using these nanoparticles showed that reducing the prescribed dose by about 60% could have a similar lethal effect in cancer cells. The cause of radiation sensitization of gold nanoparticles is the high atomic number of gold relative to the atomic number of biological elements present in the tissue or cells. Many studies confirm the irradiative sensitivity of gold nanoparticles. As the study conditions vary greatly from study to study, the sensitivities reported in such studies are different (17-36, 69-72).

With the use of gold nanoparticles, the radiation absorption dose was increased by an average of 45%. In general, the difference in the rate of increase in absorbed dose in various studies can be attributed to differences in the concentration of GNPs, the type of coat of GNPs, and the type of investigated cell line or a combination of these factors. It is clear that by increasing the concentration of GNPs, a higher dose coefficient can be achieved. In using larger NPs to increase the dose, a compromise must be made between entering and accumulating more NPs inside the cells (37-55, 69).

The mortality rate and percentage of cancerous cells remaining after radiotherapy using GNPs have been studied in various experimental studies over the past years. The average rate of mortality in these studies was about 42%. Results of studies, which have investigated the toxicity of GNPs, show that these NPs can reduce viability and cancerous cell growth. However, the toxicity of GNPs depends on the concentration, size and shape of NPs, the incubation period, and the investigated cell line type. In addition, comparisons were made between different beams at a given incubation time. Results showed that the X-ray peak at 180 kV could be more effective than the other energies, although this variation was not statistically significant. The theoretical fact can explain this increase in the absorption dose coefficient of 180 kV X-ray that photons with energies about 50 kV have a higher mass-energy absorption coefficient in gold than water or water equivalent (56-69).

Also, recent studies have concluded that gold nanoparticles in combination with chemotherapy medicines such as Bleomycin (70) or immunomodulation (71) can enhance the treatment results and increase the Plasmid DNA damages due to MV radiations (71).

Conclusion

The results of all studies in this field confirm the increase in the absorbed dose of the tumor in radiation therapy due to the replacement of gold nanoparticles in the tumor. However, the results of the interaction of photon energy with the magnitude of GNPs are still controversial. Monte Carlo simulation studies have investigated GNPs with 10 to 100 nm dimensions, while biological studies have studied dimensions up to 1.9 nm. Results of simulations show that the most effective parameters of NPs are larger dimensions, high molar concentrations, and low-energy X-ray or gamma photons that allow for higher dose escalation. This article aimed to answer some of the questions in this field. More and more extensive research in this regard is necessary to reach a global consensus and clinical application.

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Conflict of Interest

None declared.

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